

A ONE-OF-A-KIND PLATE LOADED EXPERIENCE

The Nautilus Leverage® line offers a one-of-a-kind plate loaded experience with features that outshine the competition. Leverage features stainless steel knurled grips, assisted seat adjustments and user pre-stretch settings. Using multiple levers and cams, Leverage creates a unique lifting profile for each movement that maximizes the mechanics of the human body. With a sleek look and integrated storage, the Leverage strength line will appeal to facility operators and their members. It's all about the feel and once you've exercised on Leverage, pushing and pulling weight plates will never be the same again.



PRODUCT CUSTOMIZATION

We know what it takes to build an authentic, meaningful brand experience. Our customization program is the perfect way to leverage your personal brand and make a strong first impression. Get Leverage machines in a variety of custom frame color and upholstery options.



A PERFECT PARTNERSHIP

Throwdown Free Weights pair perfectly with Nautilus Strength products allowing you to get everything in one place. You can even find free weight sets crafted specifically for popular Nautilus Benches & Racks, Leverage and Plate Loaded products.





LOW ROW 9NP-L3004

| w | 51 IN (130 CM) |
|-----------------|------------------|
| L | 79 IN (201 CM) |
| Н | 46 IN (117 CM) |
| STACK WEIGHT | N/A |
| OVERALL WEIGHT | 426 LBS (193 KG) |
| SHIPPING WEIGHT | 567 LBS (257 KG) |



SHOULDER PRESS 9NP-L4002

| W | 51 IN (130 CM) |
|-----------------|-----------------|
| L | 71 IN (180 CM) |
| Н | 58 IN (147 CM) |
| STACK WEIGHT | N/A |
| OVERALL WEIGHT | 410 LB (186 KG) |
| SHIPPING WEIGHT | 567 LB (257 KG) |



CHEST PRESS 9NP-L2002

| W | 59 IN (150 CM) |
|-----------------|-----------------|
| L | 71 IN (180 CM) |
| Н | 58 IN (147 CM) |
| STACK WEIGHT | N/A |
| OVERALL WEIGHT | 481 LB (218 KG) |
| SHIPPING WEIGHT | 622 LB (282 KG) |



ABDOMINAL CRUNCH 9NP-L5003

| w | 61 IN (156 CM) |
|-----------------|-----------------|
| L | 62 IN (157 CM) |
| Н | 61 IN (156 CM) |
| STACK WEIGHT | N/A |
| OVERALL WEIGHT | 461 LB (209 KG) |
| SHIPPING WEIGHT | 611 LB (277 KG) |



INCLINE PRESS 9NP-L2003

| w | 51 IN (130 CM) |
|-----------------|-----------------|
| L | 76 IN (193 CM) |
| Н | 51 IN (130 CM) |
| STACK WEIGHT | N/A |
| OVERALL WEIGHT | 413 LB (187 KG) |
| SHIPPING WEIGHT | 556 LB (252 KG) |



LAT PULL DOWN 9NP-L3003

| W | 51 IN (130 CM) |
|-----------------|-----------------|
| L | 81 IN (206 CM) |
| Н | 80 IN (203 CM) |
| STACK WEIGHT | N/A |
| OVERALL WEIGHT | 406 LB (184 KG) |
| SHIPPING WEIGHT | 541 LB (245 KG) |



DECLINE PRESS 9NP-L2004

| W | 58 IN (147 CM) |
|-----------------|-----------------|
| L | 81 IN (206 CM) |
| н | 49 IN (124 CM) |
| STACK WEIGHT | N/A |
| OVERALL WEIGHT | 503 LB (228 KG) |
| SHIPPING WEIGHT | 670 LB (304 KG) |



HIGH ROW 9NP-L3005

| w | 51 IN (130 CM) |
|-----------------|-----------------|
| L | 86 IN (218 CM) |
| Н | 73 IN (185 CM) |
| STACK WEIGHT | N/A |
| OVERALL WEIGHT | 443 LB (201 KG) |
| SHIPPING WEIGHT | 582 LB (264 KG) |



BICEPS CURL 9NP-L5002

| W | 62 IN (157 CM) |
|-----------------|-----------------|
| L | 61 IN (155 CM) |
| н | 41 IN (104 CM) |
| STACK WEIGHT | N/A |
| OVERALL WEIGHT | 465 LB (211 KG) |
| SHIPPING WEIGHT | 629 LB (285 KG) |





DEADLIFT SHRUG 9NP-L3006

| W | 61 IN (156 CM) |
|-----------------|------------------|
| L | 74 IN (188 CM) |
| Н | 31 IN (79 CM) |
| STACK WEIGHT | N/A |
| OVERALL WEIGHT | 249 LBS (113 KG) |
| SHIPPING WEIGHT | 393 LBS (178 KG) |
| | |

| ADJUSTMENTS & MOVEMENTS | |
|--|--|
| USER DEFINED RANGE OF MOTION | Fixed path |
| ASSISTED ADJUSTMENTS | Gas assist shock, wrap around handles on all seat height adjustments. |
| COLOR CODED PIVOT POINTS AND ADJUSTMENTS | Yes on all units |
| UNILATERAL OR BILATERAL MOVEMENT | Unilateral and bilateral use |
| CONVERGING OR DIVERGING MOVEMENTS | Converging and Diverging motion with user pre-stretch adjustment for optimal start position dependent on SKU |
| PULLEY RATIO | N/A |

| FRAME SPECIFICATIONS & CABLE INFORMATION | |
|---|--|
| STANDARD FRAME COLOR OPTIONS | Matte Black (-60) |
| STANDARD UPHOLSTERY COLOR OPTIONS | Black |
| FRAME FINISH | Electrostatic Powder coating |
| CUSTOMIZABLE PAINT OPTIONS AVAILABLE | Yes with additional fees and extended lead times |
| CUSTOMIZABLE UPHOLSTERY OPTIONS AVAILABLE | Yes with additional fees and extended lead times |
| CUSTOMIZABLE BRANDING OPTIONS AVAILABLE | No |
| CABLE VS. BELT DRIVEN TRANSMISSION | Belt & Lever Drive |
| BOLT DOWN LOCATIONS DEFINED | Yes |
| INTEGRATED LEVELING SYSTEM | No, rubber feet for floor protection |
| HARDWARE TYPE | Hex / Button Head |
| TUBBING STYLE & THICKNESS | Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga |

| USER SPECIFIC INFORMATION | |
|---|---|
| STATIC PLACARDS | Start finish diagram with stating weight included |
| MULTI-LANGUAGE PLACARDS OPTIONS AVAILABLE | Yes |
| ANIMATED LENTICULAR | No |
| SAFETY CATCH & STOPS | Yes, where applicable |
| WATER BOTTLE HOLDER | No |
| PHONE HOLDER | No |
| GRIP SPECIFICATIONS | Stainless steel knurled grip with red accent |
| FOOT PLATFORM | Oversized rubber non slip foot platform |
| CONTOURED PADS | Yes, contoured back pads on select machines with lumbar support |
| BELT STABILIZATION SYSTEM | No |

| | WEIGHT STACK SPECIFICATIONS |
|------------------------------------|--|
| TOTAL STACK WEIGHT | N/A |
| INCREMENTAL WEIGHT SYSTEM | N/A |
| WEIGHT STACK TOWER HEIGHT | N/A |
| PLATE LOADED | Yes, Max capacity 270 lbs per arm, 540 lb total. Starting resistance 15 lbs per arm. |
| WEIGHT STORAGE SOLUTION | 4 weight horns to accommodate easy access |
| LNL TECHNOLOGY | N/A |
| ADD-ON RESISTANCE AVAILABLE | N/A |
| WEIGHT STACK SHROUD SPECIFICATIONS | N/A |

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

